2-1-1 Intervenes During Mental Health Crisis

Mary*, a married mother of two, was concerned about her husband's mental health. He was starting to act depressed and was becoming more withdrawn.

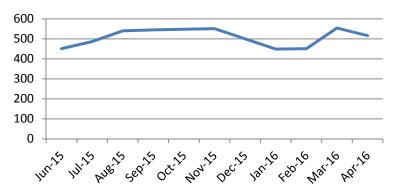
When Mary called 2-1-1, she realized how much everything was affecting her and could not stop crying. After talking to the 2-1-1 specialist about everything that was going on, she was connected to counseling resources in her area for her and her husband.

When 2-1-1 followed up with Mary, she said the 2-1-1 specialist was helpful and empathetic, calming her down and helping her cope. She also said that her husband reached out to the referrals she was given and had entered therapy for depression.

CONTACT CENTER STATS

| Average wait time | 47 sec |
|------------------------------------|--------------|
| Average contact length | 7 min 34 sec |
| Customer satisfaction | 96% |
| Percentage who would contact again | 95% |
| Crises de-escalated | 88% |

2-1-1 Contacts Seeking Mental Health Services



2-1-1 responded to 6,067 contacts regarding mental health in the last year.

Orange 67% Orange 12% Seminole 14% Other 7%

| Contacts by County | May 2016 |
|---------------------------|----------|
| Orange | 6,566 |
| Osceola | 1,225 |
| Seminole | 1,393 |
| Other | 669 |
| Total | 9,853 |

TOP SERVICE REQUESTS

| F | lousing Assistance | 53% |
|---|---------------------------------|-----|
| L | Itilities | 13% |
| F | ood | 8% |
| F | lealthcare | 6% |
| ٨ | Mental Health & Substance Abuse | 5% |

QUICK STATS

- 1,942 crisis and 158 suicide prevention contacts were received
- Utilities and housing accounted for 66% of all requests
- 43% of callers sought 2-1-1 help for the first time
- 30% were unemployed and 28% lacked health benefits
- Responded to 173 chats, 271 texts and 49 emails

MAY TOTAL CONTACTS

| Heart of Florida United Way | 9,853 |
|--------------------------------------|--------|
| United Way of North Central Florida | 763 |
| United Way of Pasco County | 1,431 |
| United Way of Marion County | 1,005 |
| United Way of Lake & Sumter | 666 |
| United Way of Citrus County | 350 |
| United Way of Metropolitan Tennessee | 3,202 |
| Online Database Visitors | 4,811 |
| Total | 22,081 |





^{*} Names and events were changed in order to protect client privacy.